— BIOCHARGER · PATIENT GUIDE

Your BioCharger questions, answered.

A quick guide to the experience, the technology, and what to expect.

10–25 min	No contact	4 energies
Typical session	Just sit and relax	One experience

01 The experience

What happens during a session?
Sit comfortably 3–6 feet from the device, fully clothed. No pads, wires or physical contact.

Does it matter where I sit?
You can sit on any side. For the best experience, sit 3–6 feet from the device.

How long does it take?
About 10–25 minutes, depending on the recipe or stack. There's no recovery time — you can go straight back to your day.

What does it feel like?
You'll see colorful plasma light and hear the device working. Many people find it deeply relaxing; some notice tingling or warmth.

Can I meditate during a session?
Yes. Breathe calmly, meditate or simply rest. Sessions can also be shared by up to 6 people.

02 The technology

What is BioCharger?
A non-contact wellness device that combines four energies in one session:

- Light
- PEMF
- Pulsed electric fields
- Frequencies & harmonics

What is a recipe and how is it made?
A pre-programmed combination of the four energies, built by BioCharger's experts around a goal like relaxation, energy, focus, sleep or recovery. The 1,400+ recipe library is updated regularly.

What is a stack?
A combination of three separate recipes delivered in a condensed time period.

Why don't all the tubes light up the same?
That's normal. The tubes hold noble gases that glow as plasma, and their brightness and pattern shift with each recipe's settings.

Is it just red light therapy?
It's much more. Instead of a few red wavelengths, BioCharger offers multiple light spectrums — about 1,000 wavelengths, including visible light — plus PEMF, pulsed electric fields and frequencies.

03 Is it right for me?

Can I use it with chiropractic care?
Yes, as a separate wellness offering — not a replacement for adjustments or medical treatment.

How often can I come in?
A few sessions a week is typical. Ask your provider what fits your routine.

When will I notice a difference?
Some notice changes after one session; others notice little. Recipes build upon themselves over time, so consistency matters.

What if the recipe isn't for my goal?
Think of it like a campfire: everyone in the circle shares the warmth. If someone runs a recipe for back pain and you don't have back pain, it won't harm you — you still receive the same four energies.

Is it suitable for everyone?

No. Do not use if pregnant or with metal plating in or near the brain.

Electronic implants (e.g. pacemakers) and photosensitivity need special precautions. Under 18s must be supervised.

Check with your clinician and our team before use.

BioCharger

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BioCharger is a general wellness device, not intended to diagnose, treat, cure, or prevent disease. Review the full safety guidance before participating.